**Forecasts** 

Olympic Park

Health Advice

Mouse

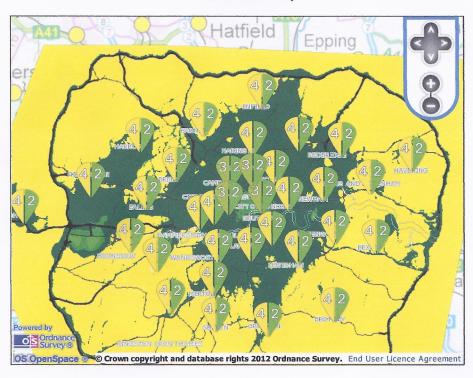
About

#### Games Period Slider

### Follow the 2012 Games air quality as it happens!

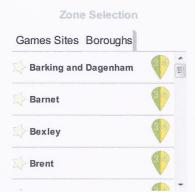
Day: 09 Month: September

Click here to reset to today



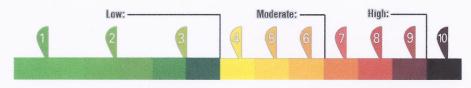






### Map Toggles





airTEXT provides forecasts of air quality (air pollution), UV, grass pollen and maximum and minimum temperatures for Greater London and Slough. The information is given for each Borough, the Olympic and Paralympic sites and the main live sites. Forecasts are provided here on the web site for today, tomorrow and the day after tomorrow. We hope airTEXT allows you to stay healthy during your Games period!



air TEXT LOW air pollution forecast for Central London on Sat 08th Sep.: LOW bit.ly/NZGuuY 20 hours ago 'reply 'retweet 'favorite

air TEXT LOW air pollution forecast for Central London on Fri 07th Sep.: LOW bit.ly/RpUZZn yesterday  $\cdot$  retweet  $\cdot$  favorite

airTEXT LOW air pollution forecast for Central London on Thu 06th Sep.: LOW bit.ly/OU6mJF 2 days ago 'reply 'retweet 'favorite

airTEXT LOW air pollution forecast for Central London on Wed 05th Sep.: LOW bit.ly/R42j2j 3 days ago 'reply 'retweet 'favorite

# **Simon Birkett**

From: CERC <CERC@xmr3.com>
Sent: 08 September 2012 16:45

To: airTEXT alert for City of Westminster

This is a yourair air pollution alert from London's airTEXT service.

Air pollution alert for in City of Westminster.

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The forecast is for mostly LOW air pollution in City of Westminster, with areas of MODERATE air pollution.

You may notice mild health effects, but these are unlikely to require action.

You may wish to take your reliever medication as a precaution.

If you are unwell, contact your doctor, or ring NHS Direct on 0845 46 47.

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# HOW TO END YOUR SUBSCRIPTION TO AIRTEXT ALERTS

This email has been sent to you as you have subscribed to the airTEXT air pollution alert service for London, or someone has subscribed on your behalf.

If you do not wish to receive any more alerts, you can unsubscribe through the airTEXT website: <a href="http://www.airtext.info">http://www.airtext.info</a>. Alternatively, we will be happy to remove you from the list if you email us at <a href="pollution@croydon.gov.uk">pollution@croydon.gov.uk</a>.